

# ASMI

American Sports Medicine Institute  
2660 10<sup>th</sup> Ave So.  
Birmingham, AL 35205  
(205)-918-0000  
FAX: (205)-918-0800

American Sports Medicine Institute is accredited by the Accreditation Council for Continuing Medical Education to provide medical education for physicians.

## Sports Medicine Conferences –January 2012

### Mondays: 5:30 p.m. Bruno Conference Center

1/2	New Year Holiday	No Conference
1/9	Mechanisms of ACL Injuries and Prevention Programs to Reduce the Risk of ACL Injuries in Female Athletes	Kevin Wilk, DPT
1/16	<b>Radiology Conference Mortality / Morbidity</b>	Brandon Seifert, MD Brett Shore, MD
1/23	The Cervical Spine: Evaluation, Return to Play and Review of the Literature	Andrew Cordover, MD
1/30	Ethics in Orthopaedics & Sports Medicine	E. Lyle Cain, MD, Jeff Dugas, MD, Lawrence J. Lemak, MD

### Fridays: 7:00 a.m. Bruno Conference Center

#### \* To be held in the ASMI Biomechanics Lab - Building 3

1/6	Injuries Unique to the Adolescent Athlete (with Legg Calve' Perthes Disease, Slipped Capital Femoral Epiphysis and Hip Dislocation and Spondylothesis/ Spondylolysis)	Jeffrey Lawler, MD
1/13	<b>*On the Field Dynamic Flexibility Training*</b> (Please dress for moderate activity)	Michael Ryan, ATC, CSCS
1/20	Reverse Total Shoulders	David Adkison, MD
1/27	30 <sup>th</sup> Annual Injuries in Baseball Course	No Conference

The American Sports Medicine Institute designates this live activity for a maximum of 1 AMA PRA Category I Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Objectives:** These weekly sports medicine conferences are designed to provide in-depth study of sports medicine problems. At the end of the academic year, it is anticipated that participants will be able to:

1. Demonstrate significant depth of knowledge of the medical aspects of sports medicine.
2. Diagnose and treat sports medicine problems presenting on the field or in clinical settings.
3. Apply appropriate basic science tenets to the diagnosis and treatment of sports medicine injuries.
4. Relate the role of biomechanics in prevention, treatment, and rehabilitation of sports medicine injuries.
5. Demonstrate knowledge of rehabilitation techniques and modalities in returning the injured athlete to competition.

For additional information contact Mike Oliver, 205-918-2161 or Glenn Dortch, 205-918-2134