

From South of Birmingham

Take I-65N towards Birmingham.

Take the University Blvd exit- exit number 259.

Follow University Blvd until you cross under US-280 E / US-31 S / Elton B Stephens Expy / AL-3.

Look for St. Vincent's Hospital on your right.

Turn RIGHT onto St. Vincent's Drive.

Go up the hill (you will drive underneath a skywalk), and turn LEFT into the Parking Deck for Professional Building 3.

For ASMI: Once parked in the deck, find the elevator on the end farthest from McDonald's (they're the older elevators and are painted different colors for each level) and go to level C (painting orange). There are signs at each of the elevators telling you which building they are for.

Come out on level C and enter into the side of the building where it says ASMI Biomechanics Laboratory.

Our lab is the first door on the left.

From East of Birmingham (including Birmingham Airport)

Take I-20W towards Birmingham.

Merge onto US-280 E / US-31 S / Elton B Stephens Expy / AL-3 S via EXIT 126A (Carraway Blvd Exit on the LEFT).

Take the exit toward 8th Ave S. St. Vincent's is directly in front of you at the intersection

Turn LEFT onto University Blvd / 8th Ave S. Continue to follow University Blvd. for a short distance to the next light.

Turn RIGHT onto St. Vincent's Drive.

Go up the hill (you will drive underneath a skywalk), and turn LEFT into the Parking Deck for Professional Building 3.

For ASMI: Once parked in the deck, find the elevator on the end farthest from McDonald's (they're the older elevators and are painted different colors for each level) and go to level C (painting orange). There are signs at each of the elevators telling you which building they are for.

Come out on level C and enter into the side of the building where it says ASMI Biomechanics Laboratory.

Our lab is the first door on the left.

From West of Birmingham

Take I-59N/I-20E towards Birmingham.

Merge onto US-280 E / US-31 S / Elton B Stephens Expy / AL-3 S via EXIT 126A.

Take the exit toward 8TH Ave S. St. Vincent's is directly in front of you at the intersection.

Turn LEFT onto University Blvd. / 8th Ave S. Continue to follow University Blvd. for a short distance to the next light.

Turn RIGHT onto St. Vincent's Drive.

Go up the hill (you will drive underneath a skywalk), and turn LEFT into the Parking Deck for Professional Building 3.

For ASMI: Once parked in the deck, find the elevator on the end farthest from McDonald's (they're the older elevators and are painted different colors for each level) and go to level C (painting orange). There are signs at each of the elevators telling you which building they are for.

Come out on level C and enter into the side of the building where it says ASMI Biomechanics Laboratory.

Our lab is the first door on the left.

From North of Birmingham

Take I-65S towards Birmingham

Take Exit 126A for Carraway Blvd. toward US 31/US 280

Merge onto US 280 E/US 31 S

Take the exit for University Blvd / 8th Ave S

Look for St. Vincent's Hospital on your right.

Turn RIGHT onto St. Vincent's Drive.

Go up the hill (you will drive underneath a skywalk), and turn LEFT into the Parking Deck for Professional Building 3.

For ASMI: Once parked in the deck, find the elevator on the end farthest from McDonald's (they're the older elevators and are painted different colors for each level) and go to level C (painting orange). There are signs at each of the elevators telling you which building they are for.

Come out on level C and enter into the side of the building where it says ASMI Biomechanics Laboratory.

Our lab is the first door on the left.

ASMI

833 St. Vincent's Drive, Suite 100

Birmingham AL 35205

205-918-2116